

## Useful Links: Life in Japan

1 [ Tokyo Tech Departments] International Researchers Support

2 [ Tokyo Tech Services ] Health, Culture, Networking  
[ Public Services ]

3 In Case of Emergency

4 Local City Offices

5 Consultation Services

6 Useful Information on Life in Japan

7 Sightseeing Information

---

1 [ Tokyo Tech Departments ] International Researchers Support

The following offices offer support for international researchers at Tokyo Tech.

1-1 International Affairs Division

International Researchers Orientation Sessions / Biannual International Exchange Party

[http://www.iad.titech.ac.jp/ifr/international\\_exchange\\_party/](http://www.iad.titech.ac.jp/ifr/international_exchange_party/) (English)

Websites for International Researchers' Application & Registration Guidelines

<http://www.iad.titech.ac.jp/ifr/guest-e.html>

<http://www.iad.titech.ac.jp/ifr/host/> (Japanese)

Website for International Collaborations and Related Programs

<http://www.iad.titech.ac.jp/josei/top.html> (Japanese)

Answers inquiries about life in Japan.

1-2 Research Promotion Department

Research Support Desk

Location: Administration Bureau Bldg. 2, 2 Fl, Ookayama Campus

<http://mado.rpd.titech.ac.jp/english/>

1-3 The International House

<http://www.iad.titech.ac.jp/accommodations/english/>

cf.) Ookayama Campus Area Restaurants and Points of Interest (Japanese)

<http://tokodaimap.wordpress.com/>

Answers various inquiries from residents about living in Japan

1-4 Personnel Affairs Division

Location: Administration Bureau Bldg. 1, 2 Fl, Ookayama Campus

Oversees and answers inquiries regarding employment, salary and benefits, taxes, IC cards, certificates, mutual aid program and babysitter services, etc.

Various Procedures (related to personnel affairs) (Japanese)

<http://www.jinjika.jim.titech.ac.jp/tebiki/index.html>

Tokyo Tech IC Card

<http://portal.titech.ac.jp/en/aboutportal.html#iccard>

#### 1-5 Student Support Division

Location: West Bldg. 8, 2Fl, Ookayama Campus and S2 Bldg., Suzukakedai Campus

Immigration and Visa Consulting Service

[http://www.titech.ac.jp/english/enrolled/international\\_student/visa.html](http://www.titech.ac.jp/english/enrolled/international_student/visa.html)

Handbook 'CAMPUS GUIDE For International Students'

Contains a wide range of useful information from initial procedures upon arriving in Japan, such as obtaining the Resident Card and National Health Insurance enrollment, to tips on changing residences and inviting family members to Japan.

(Online at:

[http://www.titech.ac.jp/english/enrolled/international\\_student/campus.html](http://www.titech.ac.jp/english/enrolled/international_student/campus.html) )

#### 2 [ Tokyo Tech Services ] Health, Culture, Networking

##### 2-1 Health Service Center

Provides medical check-ups, counseling services and referrals to medical facilities.

<http://www.titech.ac.jp/english/about/organization/health.html>

##### 2-2 Tokyo Institute of Technology Library

[http://www.libra.titech.ac.jp/welcome\\_e.php](http://www.libra.titech.ac.jp/welcome_e.php)

##### 2-3 Center for the Study of World Civilizations

Holds various Arts and Humanities Events

<http://www.cswc.titech.ac.jp/home.html>

##### 2-4 TISA (Tokodai International Students' Association)

<http://www.ryu.titech.ac.jp/~student/home.html>

##### 2-5 University CO-OP

Provides information on their products, cafeteria, rent-a-room, packaged tours, etc.

(Japanese)

<http://www.univcoop.jp/titech/index.html>

#### [ Public Services ] Information Provided by Public Organizations

##### 3 In Case of Emergency

###### 3-1 Emergency Telephone Numbers

Accidents or Crimes, call 110

Fire or for Ambulance call 119

3-2 Disaster Prevention (Japanese, English, Chinese, Korean)

<http://www.city.meguro.tokyo.jp/multi/index.html>

3-3 Tokyo Metropolitan Medical Institution Information (Himawari)

<http://www.himawari.metro.tokyo.jp/qg/qg13enmnl.asp> (English, Japanese)

(English/Chinese/Korean/Thai/Spanish operators available)

3-4 Japan Healthcare Info

Offers help in locating doctors and communicating medical needs bilingually.

<http://japanhealthinfo.com/> (English)

4 Local City Offices

4-1 Meguro City Office

(Japanese/English/Chinese/Korean)

<http://www.city.meguro.tokyo.jp/multi/index.html>

4-2 Ota City Office

(Japanese/English/Chinese/Korean)

<http://www.city.ota.tokyo.jp/honnyaku/index.html>

4-3 Yokohama City Office

(Japanese/English/Simplified Chinese/Traditional Chinese  
/Korean/Spanish/Portuguese/Simple Japanese)

<http://www.city.yokohama.lg.jp/lang/en/>

4-4 Kawasaki City Office

(Japanese/English/Simplified Chinese/Traditional Chinese  
/Korean/Spanish/Portuguese/Tagalog)

<http://www.city.kawasaki.jp/en/index.html>

4-5 Minato City Office

(Japanese/English/Chinese/Korean)

<http://www.city.minato.tokyo.jp> (machine translation)

5 Consultation Services

5-1 Tokyo English Life Line

9:00-23:00 Tel: 03-5774-0992 9:00-23:00

<http://www.telljp.com> (English)

5-2 Meguro City Foreign Residents Information Desk

(Japanese/English/Chinese/Korean/Tagalog)

<http://www.city.meguro.tokyo.jp/multi/index.html>

### 5-3 Ota City Interpeople Community Center

(Japanese/English/Chinese/Korean/Tagalog/Vietnamese)

<http://www.micsota.jp/english/index.html>

### 5-4 Tokyo International Communication Committee

Offers consultation services. (Japanese/English/Chinese/Korean/Simple Japanese)

[http://www.tokyo-icc.jp/guide\\_eng/index.html](http://www.tokyo-icc.jp/guide_eng/index.html)

## 6 Useful Information on Life in Japan

### 6-1 Tokyo International Communication Committee

Useful information on life in Japan, such as social services, taxes, consultation services, public facilities, sports gym etc. Monthly newsletters available.

<http://www.tokyo-icc.jp/english/index.html> (English)

### 6-2 Meguro International Friendship Association (MIFA)

Provides information about Japanese language study support, cultural and sports events, volunteer interpretation/translation, consultation services.

(Japanese/English/Chinese)

<http://www.mifa.jp/>

### 6-3 Yokohama City Office's Living Guide

Various information about life in Yokohama in English such as tourist information, food, shopping, cycling, automobiles, entertainment, sports, networking, recycled home electronics, parks, maps, etc. (Japanese/English/Simplified Chinese /Traditional Chinese/Korean/Spanish/Portuguese/Simple Japanese)

<http://www.city.yokohama.lg.jp/lang/en/>

### 6-4 JSPS Fellow Plaza 'Life in Japan'

Useful information for foreigners living in Japan, such as banking, post offices, obtaining a driver's license, cultural facilities, academic support, emergency services etc.

[http://www.jsps.go.jp/english/e-plaza/51\\_lifeInJapan.html](http://www.jsps.go.jp/english/e-plaza/51_lifeInJapan.html) (English)

### 6-5 Japan International Science and Technology Exchange Center (JISTEC)

Provides foreign researcher support services

[http://www.jistec.or.jp/Fellow/fellow\\_overview\\_e.html](http://www.jistec.or.jp/Fellow/fellow_overview_e.html) (English, Japanese)

## 7 Sightseeing Information

### 7-1 DISCOVER the SPIRIT of JAPAN (Japan Tourism Agency)

(Japanese/English/Korean/Simplified Chinese/Traditional Chinese)

<http://www.visitjapan.jp/en/>

7-2 GO TOKYO (Tokyo Convention & Visitors Bureau)  
(Japanese/English/Simplified Chinese/Traditional  
Chinese/Korean/Thai/German/Italian/Spanish/ French)  
<http://www.gotokyo.org/en/index.html>